World Psoriasis Day 2026

Theme: "Look beyond my skin"

25th October 2026 Chennai

Invitation

You are cordially invited to the
Academic event to be held
at Hotel Savera on

Sunday, 25th October, 2026, 09.30 am to 17.00hrs [IST]

Inauguration -12.00 -12.30 hrs

Jayakar Thomas	Nabeel Ahamed	Parimalam Kumar	U R Dhanalakshmi
Event Chairman	Event Secretary	Scientific Chair	Scientific Co Chair

The Link for registration:

https://docs.google.com/forms/d/e/1FAIpQLSe_V8_KEiD8kgVLhyp8pkD2wFOCIdLjs-RQ3IKtgE7KI7_r6A/viewform?usp=publish-editor

This event is applied for State Medical Council Accreditation
Registration is complimentary but mandatory
Those who are not yet members of INSTED are requested to please join.

In view of the Conference, the Life Membership fee will be at a discounted rate of Rs.5,000 instead of Rs.10,000

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Scientific Program

09.30-10.30- Free Paper Session -1

Chair Person: Prof. Parimalam Kumar

Intralesional steroid in Psoriatic Plaques at various anatomical sites: case series - Dr. Teena R

Renal involvement in Psoriasis: A Case series - Dr. VikramAakash S

Psoriasis and Stroke: Should we intervene beyond the skin? - Dr. Lakshmi Sudha

Squamous Cell carcinoma arising from a Psoriatic Plaque- A case report- Dr. Shyma Seethy

10.30-11.00- TEA

11.00-12.00- Expert Lecture

Chair Person: Prof. U R Dhanalakshmi

Obesity in Psoriasis- redirecting management- Prof. Jayakar Thomas

12.00-12.30- INAUGURATION

12.00-13.30- SPIN - Overseas Lectures

Chair Person: Prof. Jayakar Thomas

Psoriasis- cardiometabolic disease - Dr. Annika Smith [Australia]

Generalized Pustular Psoriasis – Prof. Spyridon Gkalpakiotis [Czech Republic]

13.30-14.30 – LUNCH

14.30- 15.00- Panel discussion: "Therapeutic challenges in Psoriasis"

Moderator: Prof. Dr. Jayakar Thomas

Panelists: Dr. Parimalam Kumar, Dr. U R Dhanalakshmi, Dr. Padam Kumar

15.00-17.00- Free Paper Session - 2

Chair Person: Dr Padam Kumar M

Psoriasis- an independent risk factor for cardiovascular disease - Dr. Susritha T

Acitretin in Palmo-plantar Psoriasis - A case series- Dr. Dharshini

Onychoscopic vascular markings in the therapeutic follow-up of Psoriasis- Dr. Monisha S

Secukinumab in Psoriasis vulgaris patients with Tuberculosis – Dr. Nandha Kumar P

17.00- Valedictory